



A pragmatic role of COVID 19 on Indian society: A review article

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Abstract

The novel coronavirus have changed the lives of individual and the co-existence of the many as anyone can the carrier of COVID-19 for that social distancing is regarded as the highest civic duty and isolation is demanded by the young to stay fit and in order to protect the weak and elderly. The corona outbreak may be claiming all across the globe for keeping human sealed indoors due to spiralling fear and mass confusion but apart from darker side it has positive effects on Indian society also. The corona pandemic damages the human life in unprecedented manner in the form of virus infection, mental illness, stress management, fatigue, anxiety and depression. Apart from the various negative sides that disrupted our routine life badly and has created challenges for humans but it also has various positive affect also which we should start to consider. lockdown positive outcomes in changing the air quality, brought big opportunity for the Indian economy, lower incidence of crime reports, enforcement on 'be Indian buy Indian' and 'vocal for the local'. Indians started to made conscious choice and intake the immune boosting food was highly demanded across the country. Many people at this time tried to adopt the idea of farming at home because of viral transmission. Ayurveda herbal medicine has best potential and possibilities to be employed for the prevention and treatment of COVID-19 thus India's traditional immunotherapy approach and adopted globally

Various Evidence Based study showed that India can filled its financial loss as by becoming vocal for local to purchase Indian products. Being optimistic, India focuses on various opportunities coming forward to accelerate its economic condition through uplift the medical facilities by the application of 4Ts, like Tracing, Testing, Tracking, and Treatment has yield great result also so the Indian citizen doing their job well and contribute their effort in improving the financial well built.

Keywords: viral infection, stress management, be Indian buy Indian, vocal for the local, 4ts, positive outcomes, Ayurveda herbal medicine

Introduction

Coronavirus outbreaks created the most serious condition for India's health professional as it became seven month from working and treating patient under the PPE kits, most of the cops, nurses and doctors lost their lives while treating the patient and serving the nation on 24x7 duty in the serious pandemic situations. The novel coronavirus have changed the lives of individual and the co existence of the many as anyone can the carrier of COVID-19 for that social distancing is regarded as the highest civic duty and isolation is demanded by the young to stay fit and in order to protect the weak and elderly. Till now there is no authorized news of any clinically approved antiviral drugs or vaccines that are effective against the COVID-19, whereas from the July, it has started to spread rapidly around the world and getting worst the situation of India posing enormous health, economic loss, environmental and social challenges to the entire human existence.

The corona outbreak may be claiming all across the globe for keeping human sealed indoors due to spiralling fear and mass confusion but apart from darker side it has positive effects on Indian society also. The corona pandemic damages the human life in unprecedented manner in the form of virus infection, mental illness, stress management, fatigue, anxiety and depression. The World Health Organization declared once in a lifetime crisis has

Created the drastic impacts on the economy, governments, businesses created a question in the human's mind that 'Can everything be normal in future?'

As our ancestors used to say, every coin has two sides. From recovering ecosystem to new ways of learning, there are silver linings to the global pandemic, writes Professor Debbie Haski Leventhal of Macquarie business School, April 2020. Apart from the various negative side that disrupted our routine life badly and has created challenges for humans but it also has various positive affect also which we should started to consider.

Lockdown Positive Outcomes in Changing the Air Quality

The first positive aspect of COVID-19 is the effect on the environment. Global environmental changes such as soil degradation, ozone layer depletion, pollution, and urbanization, changing environment creates an indisputable threat to our planet and human health. Greenhouse gas emissions and pollution levels across the country have fallen significantly. Half a year ago in India as Global warming has its roots in industrial development, with the huge release of CO₂ during the industrial revolution and beyond, finally allowing the greenhouse effect to take place. To some extent COVID-19 outbreak may be considered as an indirect consequence of global environmental changes.

Pandemic Has Brought Big Opportunity for the Indian Economy

Besides its upsetting effects on human life, the novel coronavirus disease (COVID-19) has the potential to significantly slowdown the economy not only of China, USA, or India but also of the world as a whole. The Reserve Bank of India and the government will have to act quickly as a united front. Think tax cuts, increased liquidity, forbearance to lenders, credit and credit-guarantee to SMEs, and lower interest rates. The post-COVID-19 scenario for India does not look as grim as most people deem it to be according to leading economists of the country. Combined with a stimulus package of \$100-120 billion, it will restore the purchasing power to the populace sooner than earlier deemed during the onset of the COVID-19 crises. If India takes a leaf out of the pages of the US and Singapore economies and trusts the indigenous businesses, the economic recovery will be much sooner for the country. (Vikram kumar 2020) ^[4]

Lower Incidence of Crime Reports

Crime rates in Delhi and Gurugram have plummeted in the last one month after the COVID-19 fear almost paralyzed the cities. Delhi police have registered only 2,000 cases including petty theft, robbery and automobile theft since March 15, 2020. It represents a sharp 42% drop in crime rates in the capital of India. A similar drop in crime rates has also been witnessed across other major cities like Kolkata, Chennai, and Mumbai. Total number of crimes registered in Delhi so far this year has dropped to 1,890 from 3,416 in the same period of 2019. The sharpest fall was seen in Delhi and Karnataka where crime rates plunged by half since the lockdown (Pretika Khanna, Shaswati Das)

Apart from this some economist has reported that the unemployment rate will likely increase and people will be left with less disposable incomes, paving the way for an economic crisis. With the experience of major crisis in the past, we have noticed that the crime rates in and post such situations tend to increase. The situation with the law enforcement organization needs to be handled with care and caution if India and other countries hope to bounce back strongly.

Enforcement on 'Be Indian buy Indian' and 'Vocal for the Local'

Up until the beginning of 2020, it was all about internationalization and globalization of businesses. Right now, it's all about staying home, inquiring about the health of your neighbours, leaving home only to buy locally and boosting the local community and for safety issues. The purchasing behaviour of Indian citizen can inhaled the Indian economic loss it can bring positive changes directly or indirectly. There is a great chance for technical advancement, brand formulization, youth employment and for increasing the GDP rates of India.

As our Respected Prime Minister Shri Narendra Modi ji had urged Indians to be "vocal about local" brands and buy products made domestically in a speech themed around a self-reliant nation. He had also tweeted that "local is not merely a need but a responsibility." Considering overall risk-averse sentiments in the economy, lending pride to 'made in India' ethos gives an uncountable edge to local Indian brands e.g. Amul, Dabur, Godrej, Tata.

Humans made Conscious Choice Now

Before lockdown everyone was in hurry and worry because of their job, classes and children's responsibility so they could never focus so much on their health. During lockdown everyone had sufficient time to search and started to make wise choice to get better option for boosting body's immunity and manage their body's weight according to their body's height.

The intake of green leafy vegetable, green vegetable, fruits, milk and milk product and the millets was highly demanded for immunity boosting response across the country. Many people at this time tried to adopt the idea of farming at home because of viral transmission and some of the citizens started farming at their houses to fulfil their own daily demand of fruits and vegetables.

India's Traditional immunotherapy Approach and adopted globally

This was the golden opportunity for the Indians when globally traditional immunotherapy used to treat COVID patient. As the various researches indicated that the mortality rate was found much lower and the rate of recovery is getting higher day by day rather than the other countries like USA, France and Italy by the adoption of tradition herbs and spices with the medical treatment finalized by the Ministry of AYUSH, Government of India. So through this way, India can become of the leading countries that can export the herbs and spices to fulfil the demands across globe and can exchange the foreign currency.

Conclusion

Ayurveda has best potential and possibilities to be employed for the prevention and treatment of COVID-19. Implementation of proposed action is likely to provide evidence-based insights strengthening the scope of Ayurveda beyond preventive health care and care for non-communicable diseases. During lockdown everyone shows their kind gratitude to the medical staffs, policemen and army as we never forget and fulfil the loss of them in coming next year's but the feeling developed among all the citizens are very enormous.

Various Evidence Based study showed that India can filled its financial loss as by becoming vocal for local to purchase Indian products. Being optimistic, India focuses on various opportunities coming forward to accelerate its economic condition through uplift the medical facilities by the application of 4T_s like Tracing, Testing, Tracking, and Treatment has yield great result also so the Indian citizen doing their job well and contribute their effort in improving the financial well built.

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